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SWCX
SOUTH WEST CYCLO-CROSS

SWCX Round 8

Exeter Bike Park
01.12.24

Race Contact:

Travis Bramley | 07436132468 | tb762@exeter.ac.uk



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Venue Details:

We're excited to be bringing you a new venue to the SWCX.

There is plenty of grass parking on-site. This will be in the last field leading up to the competition site. There will be no competitor parking in the competition field.

Please consider car sharing to reduce the event's environmental footprint.

The nearest train station is Starcross, with regular services from Exeter St Davids, which has connections to stations across the region and further afield.

Address: Days-Pottles Ln, Exeter EX6 8BB
what3words: *///achieving.form.served*

The Bike Park sits just off the A379, with excellent connections to the A30, A38 & M5. Be cautious upon turning off the A379 – you will likely be turning across fast moving traffic into Day Pottles Lane on your way to the Bike Park (see diagram on the following page).

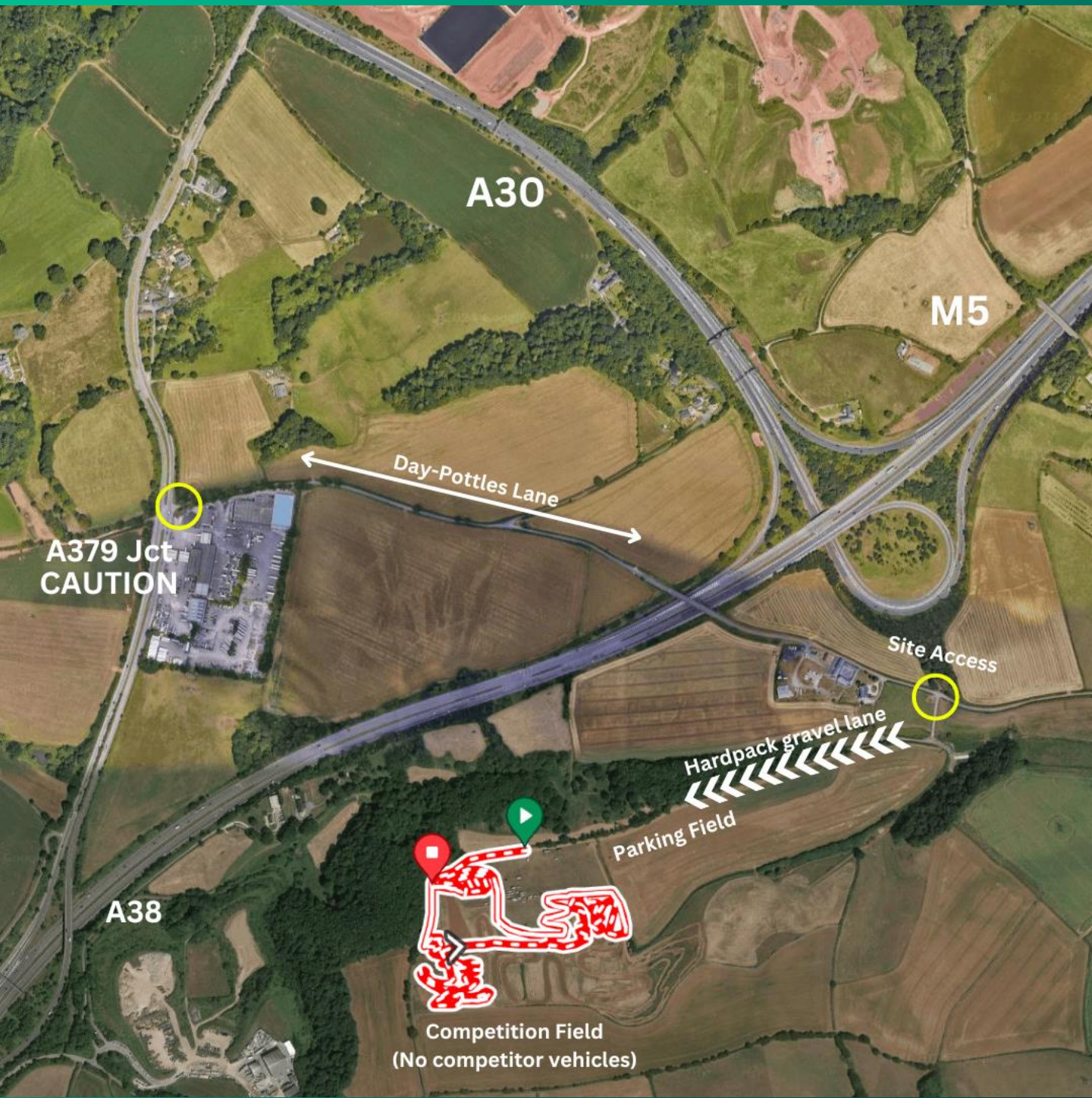
Day Pottles Lane is, in places, a narrow one-lane road. For this reason, we ask competitors from the morning races to turn right when leaving & head home via Exminster.

The access lane up to the bike path is a compact gravel track.





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Facilities:

There are two toilets and a very small changing facility on-site. Otherwise, there is little shelter on site & has the potential to be very exposed. Bring plenty of warm clothes and be prepared for the weather – this is cyclocross after all!

The Coffee Hub will be on-site for the duration of the day for hot drinks & snacks, but for anything more substantial you will need to bring your own food.

The nearest supermarket is a Tesco Express in the village of Exminster.

Timing Chips:

Timing will be operated by SWCX Series partners, Kernow Timing.

Please ensure timing chips are returned after your race!

Trophies & Numbers:

If you won a series trophy last year, please consider bringing it to sign-on with you. We'll return it to the league ready to award.

The league saved nearly £500 this year by re-using numbers, so if you're a league registered rider & aren't planning on racing again in 2024, please consider return your numbers!





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Schedule:

09:45 | U8 Boys / U8 Girls

10:10 | U10 Boys / U10 Girls / U12 Boys / U12 Girls

11:00 | U14 Open / U14 Female / U16 Open / U16 Female

12:15 | Junior Female / Senior Female / 40-49 Female / 50-59 Female / 60+ Female
/ Junior Open / 50-59 Open / 60+ Open / Novice

13:40 | Senior Open / 40-49 Open

Warming Up:

You may notice that our morning races are running in the opposite direction to those in the afternoon.

Therefore, there will be NO FULL COURSE PRACTICE UNTIL AFTER ALL MORNING RACES HAVE FINISHED (ie. 11:40am)

Please sign on before taking part in any practice. Helmets must be worn!

Complaints:

Complaints must be directed towards the commissaire within 30 minutes of the results being announced.

Entry fees on the day:

U8, U10 & U12 – £7

Youth – £17

Novice – £26

Junior, Vet & Senior – £26

Day Licenses can be purchased for £5 at sign-on for BC non-members.



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Numbers:

Morning Races: Arm & back numbers on the **right**

Afternoon Races: Arm & back numbers on the **left**

The Courses:

All shorter courses are contained within the nearside field of the valley & are fairly flat. The Youth race dips into the base of the valley & therefore features a pretty tough hill!

Predominantly used for motocross, there will be lots of changes of surface within a lap for the full course.

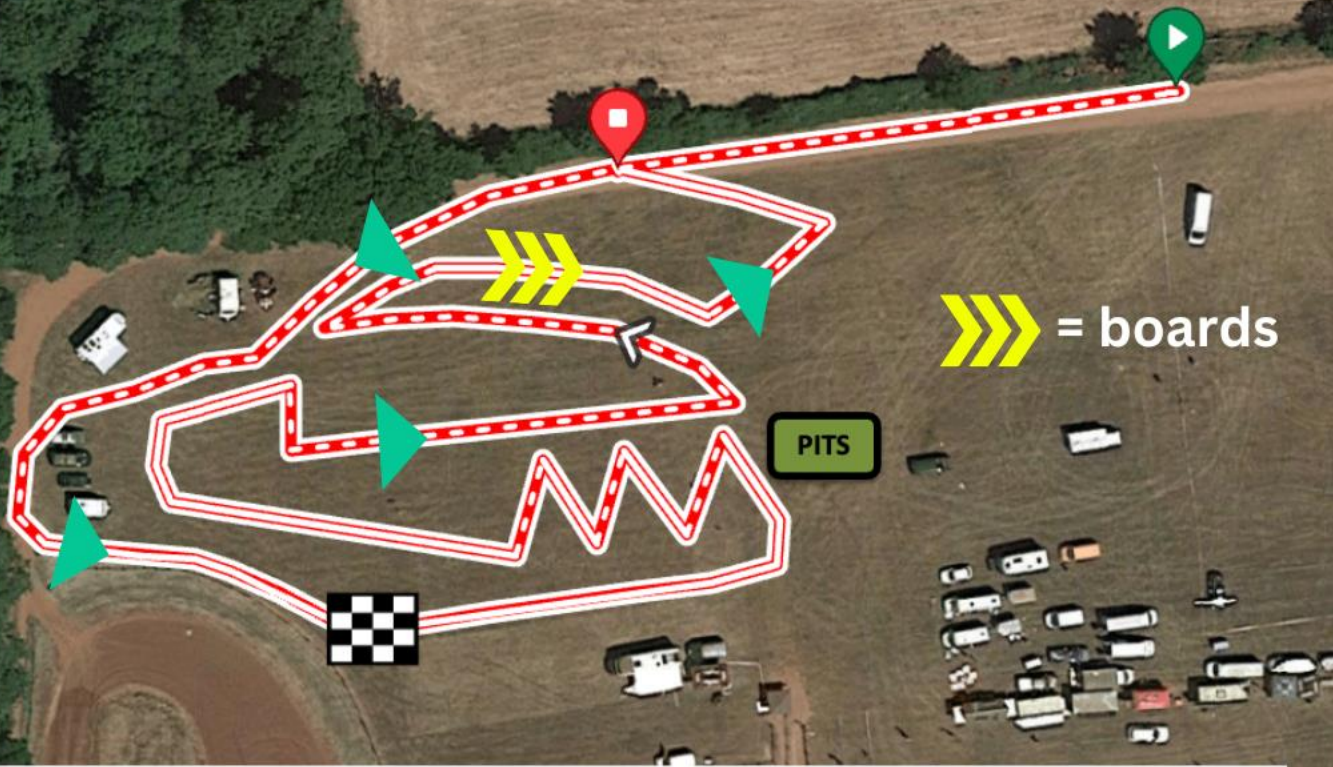
This full course makes the most of some of the great features created by the motocross circuit, whilst remaining on grass for most of the circuit. From the start you weave up to the top of the Bike Park, before zig-zagging back down to the motocross starting gates and over a couple of rollers; be careful here, it could be rutted! The course then winds up and down the eastern section of the lower valley before punching up a hardpack gravel road on the far east of the course. Lastly, the course takes in much of the Youth course (in reverse), marking the end of a lap.


We hope you enjoy it - it's a tough, but rewarding course!





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 = boards

U8 course

~600m per lap



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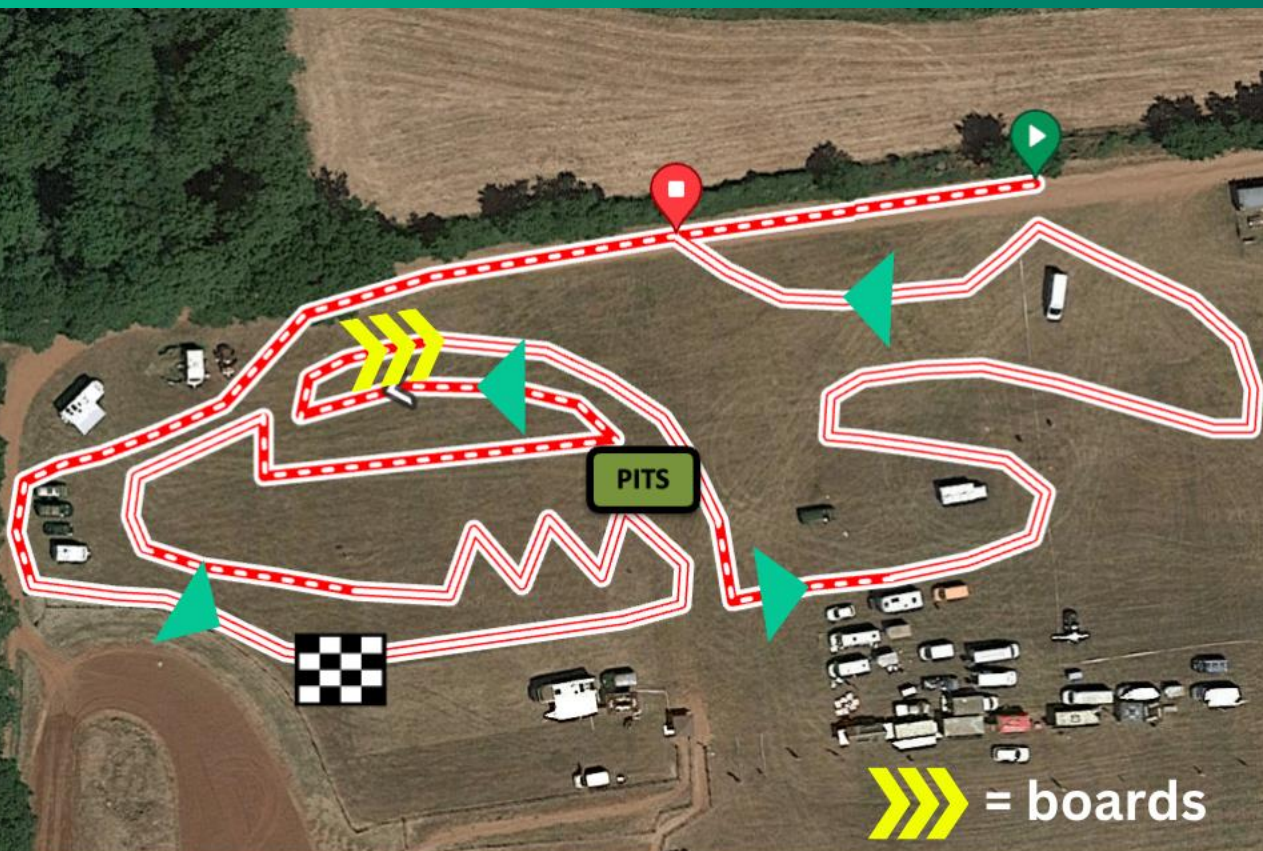


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U10/U12 course

~800m per lap



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U14/U16 course

~1200m per lap



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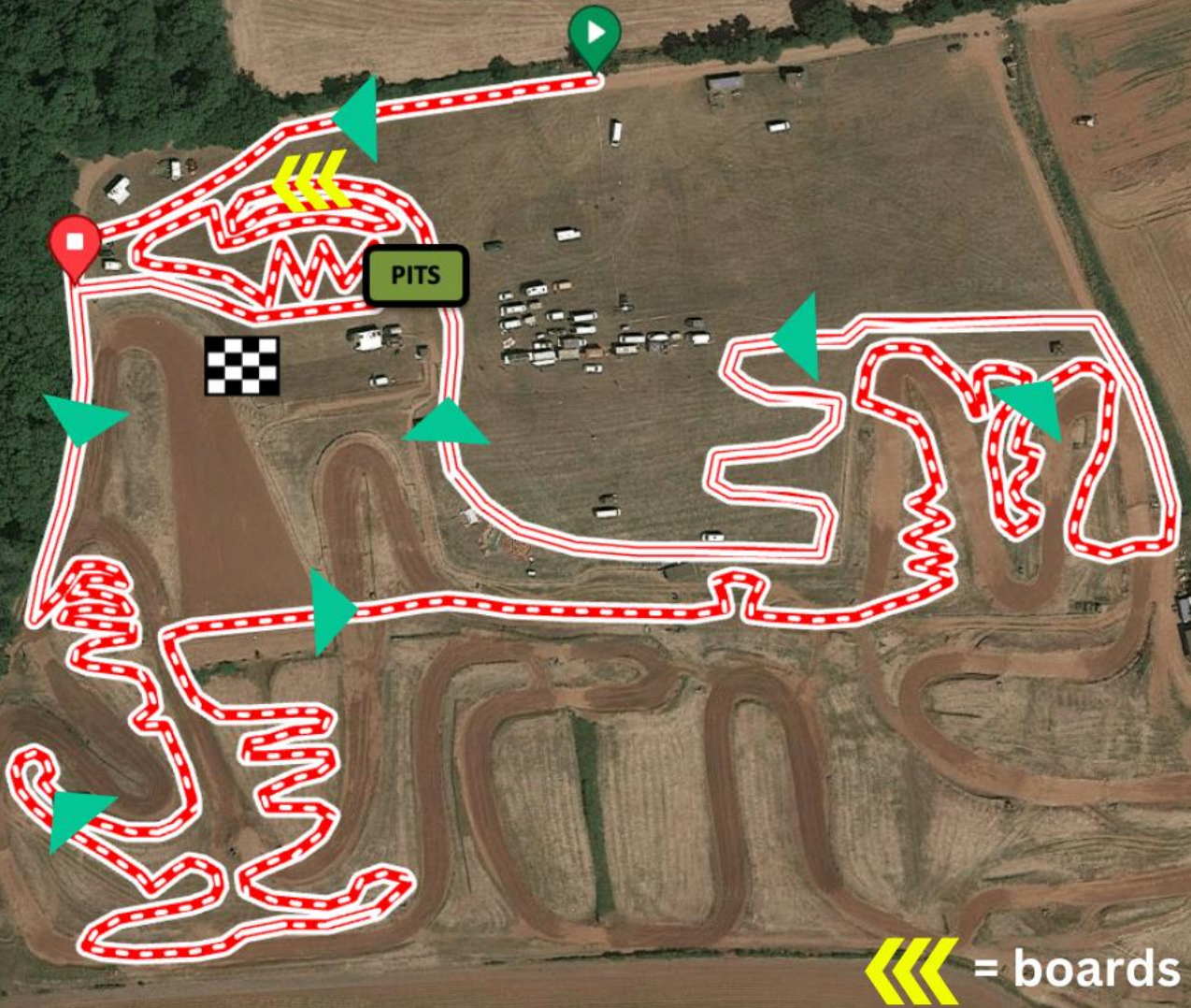



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